

Printable Holy Saturday Prayers

A calm, prayerful guide for the silence between Good Friday and Easter morning

Use this printable guide at home, in quiet reflection, or with family. These prayers are written in simple language to help you slow down, trust God in the waiting, and prepare your heart for Easter with peace and hope.

How to use this PDF

- Read one prayer slowly and pause for a minute before moving on.
- Pair a prayer with one Bible verse or one Psalm.
- Use the short prayer cards at the end for personal prayer or sharing.
- Print double-sided if you want a compact booklet.

Eight original prayers for Holy Saturday

1. A Prayer for the Silence of Holy Saturday

Lord Jesus, in the stillness of this holy day, teach me not to rush past what You want to form in me. When life feels quiet, unfinished, or uncertain, keep my heart near You. Let this silence become a place of trust, not fear, and prepare me for the joy of resurrection morning. Amen.

2. A Prayer to Wait with Hope

Father, You are faithful even when I cannot yet see the answer. Help me wait with courage, patience, and a peaceful spirit. On this Holy Saturday, keep me from despair and remind me that Your promises do not fail. Fill me with hope that rests in You. Amen.

3. A Prayer for Peace in Grief

Merciful God, meet me in every place of sadness, loss, and heaviness. Hold my heart close when words are hard to find. Let Your presence bring comfort where sorrow sits, and let Your peace guard my mind as I wait for Easter light. Amen.

4. A Prayer for Home and Family

Lord, bless this home on Holy Saturday with calm, kindness, and quiet faith. Cover my family with protection and peace. Teach us to slow down, pray sincerely, and welcome Your presence as we prepare for Easter together. Amen.

5. A Prayer for Quiet Faith

God of mercy, I do not always understand the waiting, but I choose to trust You in it. When I cannot trace Your hand, help me rest in Your heart. Strengthen my faith in the hidden places and keep me steady in Your love. Amen.

6. A Prayer for Easter Preparation

Father, cleanse my heart from hurry, distraction, and pride. Prepare me to receive Easter with gratitude, humility, and joy. Let Holy Saturday shape me inwardly so I do not just celebrate the resurrection, but live in its hope. Amen.

7. A Prayer for Weariness

Lord, I bring You my tired mind, my heavy emotions, and the burdens I have carried too long. Refresh me in Your presence and give me the rest that reaches deeper than sleep. On this sacred day, restore what feels drained in me. Amen.

8. A Prayer for New Life

Jesus, as I remember the tomb, remind me that endings are not final in Your hands. Breathe new life into the places that feel buried, discouraged, or closed off. Lead me toward renewal, faith, and fresh obedience. Amen.

Quiet reflection prompts

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| 1. What burden do I need to place before God today? |
| 2. Where do I need hope even before I see change? |
| 3. What would it look like for me to rest instead of rush? |

My prayer today:

Bible verses for quiet reflection

Micah 7:7	I will look to the Lord; I will wait for the God of my salvation.
Lamentations 3:25-26	The Lord is good to those who wait for him.
Psalms 27:14	Wait for the Lord; be strong, and let your heart take courage.
Psalms 46:10	Be still, and know that I am God.
Romans 12:12	Rejoice in hope, be patient in tribulation, be constant in prayer.
2 Corinthians 5:7	We walk by faith, not by sight.

A simple Holy Saturday routine

Step	Practice	Suggested time
1	Read one verse slowly.	2 minutes
2	Pray one longer prayer from page 1.	3-4 minutes
3	Sit quietly before God.	2 minutes
4	Write one burden and one hope.	2 minutes
5	End with a short prayer card.	1 minute

Short prayer cards

Lord, keep me near You in the silence.	Teach me to wait with hope, not fear.
Give my heart peace before Easter morning.	Be with my family and fill our home with calm.
Renew what feels buried and breathe new life again.	Help me trust You when I cannot yet see the answer.

Print, cut, and keep these cards in a Bible, journal, or on a bedside table.