

Complete Lenten Prayer Service

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This complete Lenten Prayer Service guide includes opening prayers, scripture, intercessions, and a powerful litany to help you grow spiritually and prepare your heart for Easter.

Opening Prayer

Joel 2:12 – Return to me with all your heart, with fasting and weeping and mourning.

Heavenly Father, as we begin this sacred Lenten Prayer Service, open our hearts to Your presence. Help us turn away from sin, grow in faith, and prepare our spirits for the joy of Easter. Guide us through this time of prayer and reflection. Amen.

Prayers of the Faithful

- For the Church, that it may grow stronger in faith and love, we pray to the Lord.

Lord, hear our prayer.

- For spiritual leaders, that they may guide with wisdom and compassion, we pray to the Lord.

Lord, hear our prayer.

- For world leaders, that they may work for justice and peace, we pray to the Lord.

Lord, hear our prayer.

- For those who are suffering, that they may find comfort and healing, we pray to the Lord.

Lord, hear our prayer.

- For families, that they may grow in unity and love, we pray to the Lord.

Lord, hear our prayer.

- For those struggling with faith, that they may find hope, we pray to the Lord.

Lord, hear our prayer.

- For the poor and needy, that they may receive help and compassion, we pray to the Lord.

Lord, hear our prayer.

- For young people, that they may grow in faith and wisdom, we pray to the Lord.

Lord, hear our prayer.

- For ourselves, that we may grow spiritually during Lent, we pray to the Lord.

Lord, hear our prayer.

Litany of Lenten Renewal

Leader: To fast from fear and feast on faith, we pray.

All: Lord, renew our hearts.

Leader: To fast from anger and feast on patience, we pray.

All: Lord, renew our hearts.

Leader: To fast from selfishness and feast on generosity, we pray.

All: Lord, renew our hearts.

Leader: To fast from worry and feast on trust, we pray.

All: Lord, renew our hearts.

Leader: To fast from pride and feast on humility, we pray.

All: Lord, renew our hearts.

Leader: To fast from bitterness and feast on forgiveness, we pray.

All: Lord, renew our hearts.

Leader: To fast from distraction and feast on prayer, we pray.

All: Lord, renew our hearts.

Leader: To fast from discouragement and feast on hope, we pray.

All: Lord, renew our hearts.

Leader: To fast from doubt and feast on faith, we pray.

All: Lord, renew our hearts.

Closing Prayer

Romans 15:13 – May the God of hope fill you with all joy and peace.

Loving Father, thank You for this sacred time of prayer. Strengthen our faith, renew our hearts, and guide us throughout this Lenten journey. Help us grow closer to You each day. Amen.

